 **Manchester & District Orienteering Club** 

Festival of Orienteering celebrating Finland 100 years

Friday 13th October to Sunday 15th October

Two level C events in Stockport, Lyme and Town Centre and a fun 'MetrO' event in Didsbury, Manchester

General Information

Venue Friday: Didsbury, South Manchester suburb (Evening Street event)

 Saturday Lyme National Trust, South Stockport (Classic Parkland/Moorland event)

 Sunday Stockport Town Centre (Urban event)

SI Punching will be used. SI cards are available for hire @ £1 per day for Adults (Lost cards £30.00)

 Contactless punching will NOT be used

Start Times Friday 17:45 to 20:00 (Competitors MUST allow 30min from Registration to Start)

 Saturday 11:00 to 13:00

 Sunday 10:30 to 12:30

Fees Friday Senior £3 Junior £2 (BUT No unaccompanied under 16s allowed)

 Saturday Senior £8 Junior £4

 Adult Novice £4 (Light Green, Orange, Yellow or White courses only)

 Sunday Senior £8 Junior £4

Entries via fabian4. www.fabian4.co.uk

 Cheap entries close by Sunday October 8th

 Thereafter a £1 surcharge per Senior for both the Sat and Sun events

 online entries close Wednesday October 11th

 If you can't use Fabian4 for any reason then contact the Finland100 coordinator Finland100@mdoc.org.uk

Changes There will be a £2 fee for any changes to pre-entries after Wednesday October 11th.

EOD EOD will be accepted on all days subject to surcharges as above and subject to availability of maps.

Safety Competitors take part at their own risk and are responsible for their own safety.

 Friday: All competitors must wear suitable reflective jackets/bibs and have head torches

 Saturday: Suitable bad weather clothing may be compulsory, Whistles must be carried and Lone runners please leave car keys

 Sunday: It is advised that competitors wear reflective bibs or highly visible clothing

**Friday 13th October**

Assembly The Gateway (Wetherspoon), 882 Wilmslow Road, East Didsbury, Manchester M20 5PG

 NB: Venue changed from CompassSport article and previous info

 Everyone must go to Assembly prior to starting

Parking Please don't use very small Pub Car park. Opposite pub across Manchester Road Very large Car Park for Cinemas (Free for 4 hours) otherwise unlimited Parking at East Didsbury Metro Station 300m

Public Metro to East Didsbury then signposted 300m walk

Transport Bus 42, 50 or 130 from Piccadilly Gardens (City Centre) to East Didsbury

Terrain Typical suburban streets some of which can be quite busy

Map 1:12,500 (Long), 1:10000 (Medium and Short) Based on Open Street Map line map showing roads passageways and very little other detail of the terrain.

Courses Long 10km (Optimum 14.2km), Medium 7km (Optimum 9.5km) and short 4.1km( Optimum 5km)

 using three different Metro stations as starting points.

 You will need to take your metro fare with you (prices to be advised later)

 Street furniture is used as the control sites and you will need a pencil or non water based pen to write down the answers to the appropriate question on the waterproof question sheet provided..

**Saturday 14th October**

Assembly Lyme Car Park Peak District National Park, Disley, Stockport SK12 2NR

Parking Lyme Car Parks (£8 or NT members free)

Public If you intend to use public transport then please inform the coordinator at Finland100@mdoc.org.uk

Transport Train Station Disley 4km walk to Assembly ( Buxton Train from Piccadilly Station)

 Bus stop 199 2km walk from the stop ( Buxton Bus 199 from Airport or Stockport Bus Station)

 (From Manchester Centre get train or bus to Stockport and then walk to Bus Station)

 We hope to be able to provide some transport from at least the car park Kiosk at the entrance to the park i.e. 2km from Assembly

Terrain Parkland and Open Moorland rising from about 200m to 400m

Map 1:10000

Courses

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Course | No | Suggested Mens classes | Suggested Womens Classes | Length/ClimbSubject to final controlling  |
| Brown  | 1 | M21, M35+ |  | 9.3km 340m |
| Blue | 2 | M45+ M18- | W21, W35+ | 6.3km 220m |
| Green | 3 | M65+ | W45 + W16- | 4.1km 120m |
| Short Green | 4 | M75+ | W65+ | 2.6km 60m |
| Light Green | 5 | M14 (Novice Adult) | W14 (Novice Adult) | 3.5km 95m |
| Orange | 6 | M12 | W12 | 2.6km 95m |
| Yellow | 7 | M10 | W10 | 2.0km 40m |
| White | 8 | Novice Junior | Novice Junior | 1.6km 25m |

**Sunday 15th October**

Assembly Stockport Town Centre Merseyway Precinct, Stockport SK1 1PJ

 Opposite Halifax Bank at Eastern end of Precinct

Parking Stockport Town Centre Car parks (20p an hour)

Public Train Stockport Station then 600m walk

Transport Bus any route to Stockport Bus station then 400m walk

Terrain Complex Town centre with many steep alleyways and irregular street pattern plus inner town estate areas with open land and parks surrounding.

Map 1:5000 Urban map

Courses Standard UK urban league classes

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Course No | Suggested Mens classes | Course name | Suggested Womens Classes | Course Name | Length (subject to final controlling) |
| 1 | Open (M18-35) | MO |  |  | 7.5km |
| 2 | Veteran (M40+) | MV | Open (W18-35) | WO | 6.1km |
| 3 | Super Veteran (M55+)  | MSV | Veteran (W40+) | WV | 5.2km |
| 4 | Ultra Veteran (M65+)) | MUV | Super Veteran (W55+) | WSV | 3.8km |
| 5 | Hyper Veteran (M75+) | MHV | Ultra Veteran (W65+)Hyper Veteran (W75+) | WUV WHV | 3.0km |
| 6 | Junior (M16-) | MJ | Junior (W16-) | WJ | 3.0km |
| 7 | Young Junior (M12-) | MYJ | Young Junior(W12-) | WYJ | 2.0km |

 Juniors under 16 on the day can only enter courses 6 and 7

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# https://www.mdoc.org.uk/manchesters-suomi-finland-100-festival-of-orienteering