

# CLUBHOUSE

**Lunch & Learn  
2021 Series  
11:30 – 12:15**



Join us throughout the year to learn more about Clubhouse!

➔ [Register here for the entire series](#)

**February 17  
What is a Clubhouse?**

**April 21  
Clubhouse & PSR  
What's the Difference?**

**June 16  
Clubhouse Core:  
A Meaningful Workday**

**August 18  
Clubhouse Core:  
Staff Role in Creating  
Meaningful Relationships**

**October 20  
Clubhouse Core:  
Recovery Through  
Employment & Education**

**December 15  
A Path Forward:  
Clubhouse International,  
Standards, Accreditation**

## Welcome to the Clubhouse Newsletter!

We are glad you are here! Throughout this year, you'll be introduced to the Clubhouses across Missouri and learn more about our members and the Clubhouse philosophy.

**February 17 | Lunch & Learn**

**What comes to mind when you hear the word "Clubhouse"?**



**Mickey Mouse?**



Join us to discover a deeper meaning of **Clubhouse** and its' rich history, philosophy, and model of recovery.

**Meeting ID:** 880 7492 2204

**Passcode:** Clubhouse ➔ [Zoom Link](#)



**Hangout?**



**Interested in starting a Clubhouse?**

- >> Connect with a Clubhouse Director
- >> Attend a Lunch & Learn
- >> Visit a Clubhouse near you (either in-person or virtually)

**We would love to connect and talk about Clubhouse!**



Clubhouses across the state gathered in September 2019 for the annual picnic.

## Our Mission and Vision

**Clubhouse Missouri** started as a workgroup in April 2019. Today 16 people gather monthly, including a member from each Clubhouse to share resources, organize our work, and draw on each others' talents and passions to advance our mission.

**Our Vision:** Every person experiencing mental illness in the state of Missouri has access to a local Clubhouse to support them with their recovery.

**Our Mission:** Expand the Clubhouse model throughout Missouri through education, advocacy, and building relationships that strengthen our Clubhouses and invite others to join our movement.

# Missouri Clubhouses



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## Bel-Ray Clubhouse

Bel-Ray Clubhouse of Raymore, is a part of Compass Health Network. Bel-Ray established a Clubhouse in 2018 and was accredited in May 2020. Bel-Ray Clubhouse served 126 people in 2019 and had an average daily attendance (ADA) of 11 with a goal of expanding to an ADA of 15.



Bel-Ray Clubhouse members and staff outside their first Clubhouse in 2019

## Friends in Action Clubhouse

Friends In Action (FIA) Clubhouse of Farmington, a part of BJC Behavioral Health, established a Clubhouse in 1987 and was accredited in 2015. FIA Clubhouse served 316 members and had an average daily attendance (ADA) of 42 in 2019 with a goal of expanding to an ADA of 50.



New T-shirt from Friends in Action

\$9 up to XL, \$11 2XL, \$12 3XL

To place an order call: **573-760-8360**

## Harmony Clubhouse

Harmony Clubhouse of Washington, a part of Compass Health Network, and was established in the late 1980's. Harmony Clubhouse became an accredited Clubhouse in July, 2005. Harmony Clubhouse served 79 people in 2019 and had an ADA of 22 with a goal of expanding to an ADA of 30.

Harmony Clubhouse members



## Headway Clubhouse

Headway Clubhouse of St. Peter's, a part of Compass Health Network, established in the 80's. Headway became an accredited Clubhouse in 2007. Headway Clubhouse served 192 people in 2019 and had an ADA of 35 with a goal of expanding to an ADA of 45.



Headway Clubhouse members on left. Headway Clubhouse had a parade to visit members' homes to stay connected while social distant!

## Independence Center

Independence Center of St. Louis has been an accredited Clubhouse since 1981 and is a Clubhouse International training base. Independence Center supported 1135 members in 2019 with an ADA of 178 and 24 Clubhouse staff.

Independence Center Clubhouse members in front of their Clubhouse



## Online Resources

Clubhouse International: <https://clubhouse-intl.org/>  
 Clubhouse Quality Standards: [https://clubhouse-intl.org/wp-content/uploads/2020/12/standards\\_2020\\_eng.pdf](https://clubhouse-intl.org/wp-content/uploads/2020/12/standards_2020_eng.pdf)  
 Friends in Action: <https://www.bjcbehavioralhealth.org/Friends-in-Action-Clubhouse/About-Friends-in-Action>  
 Independence Center: <https://www.independencecenter.org/>