



(U) Fatal Overdoses in the Midwest HIDTA

January 2022

(U) Overview

(U) Since 2017, drug overdose fatalities have increased significantly in many areas of the Midwest HIDTA region. According to data from the departments of health of Iowa, Kansas, and Missouri, the increase in overdose deaths are primarily attributable to opioids and psychostimulants¹. Drug seizure data collected from Midwest HIDTA law enforcement initiatives during this time period mirrors the increase in psychostimulant and opioid overdose deaths. Between 2017 and 2021, Midwest HIDTA initiatives reported an increase in the seizure amounts of methamphetamine (76%), heroin (5%), and fentanyl (183%).

(U) Iowa

(U) In Iowa, opioid overdose deaths increased across all age groups between 2018 and 2021². More specifically, between 2018 and 2021:

- Opioid-related overdose deaths among those aged 0-24 increased by 100%;
- Opioid-related overdose deaths among those aged 25-34 increased by 38%;
- Opioid-related overdose deaths among those aged 35-44 increased by 71%;
- Opioid-related overdose deaths among those aged 45-54 increased by 47%;
- Opioid-related overdose deaths among those aged 55+ increased by 37%; and
- The total number of opioid-related overdose deaths increased by 53%.



¹ In this document, psychostimulants (ICD-10 Code T43.6) include: amphetamines, caffeine, methylphenidate, and unspecified/other psychostimulants. It does not include cocaine (ICD-10 Code T43.5).

² 2021 data current through 11/30/2021

(U) Similarly, the total number of psychostimulant overdose deaths increased 73% between 2018 and 2021³. More specifically, between 2018 and 2021:

- Psychostimulant-related overdose deaths among those aged 0-24 decreased by 20%;
- Psychostimulant-related overdose deaths among those aged 25-34 increased by 50%;
- Psychostimulant-related overdose deaths among those aged 35-44 increased by 71%;
- Psychostimulant-related overdose deaths among those aged 45-54 increased by 55%; and
- Psychostimulant-related overdose deaths among those aged 55+ increased by 153%.



Source: Iowa Dept. of Public Health

(U) Figures 3 and 4 display opioid- and psychostimulant-related overdose deaths by sex. According to the data, between 2018 and 2021:

- Opioid-related overdose deaths among females increased 52%;
- Opioid-related overdose deaths among males increased 54%;
- Psychostimulant-related overdose deaths among females increased 152%; and
- Psychostimulant-related overdose deaths among males increased 51%.

³ 2021 data current through 11/30/2021

(U) Figure 3: Iowa Deaths Involving Opioids by Sex							
Sex	2018	2019	2020	2021*			
Female	46	48	85	70			
Male	91	109	128	140			
Total	137	157	213	210			

*2021 data through 11/30/2021

Source: Iowa Dept. of Public Health

(U) Figure 4: Iowa Deaths Involving Psychostimulants by Sex							
Sex	2018	2019	2020	2021*			
Female	21	55	56	53			
Male	73	108	108	110			
Total	94	163	164	163			

*2021 data through 11/30/2021

Source: Iowa Dept. of Public Health

(U) Kansas

(U) In Kansas, overdose deaths for all drugs increased across both sexes between 2017 and 2020. More specifically, between 2017 and 2020:

- The total number of overdose deaths for all drugs increased by 46%;
- The number of overdose deaths for all drugs for females increased by 11%; and
- The number of overdose deaths for all drugs for males increased by 78%.

(U) With respect to age groups, all drug overdose deaths for those aged 15-24 experienced the greatest increase between 2017 and 2020 (133%), while those aged 25-34 experienced the second-greatest increase (89%).



(U) Figure 6 depicts Kansas overdose deaths by drug category and year. According to the data, between 2017 and 2020:

- Any opioid-related overdose deaths increased by 79%;
- Cocaine-related overdose deaths increased by 50%;
- Heroin-related overdose deaths increased by 50%;
- Psychostimulant-related overdose deaths increased by 141%; and
- Synthetic opioid-related overdose deaths increased by 403%.

(U) Figure 6: Kansas Overdose Deaths by Year and Drug Type						
	Year					
Drug Type 2017 2018 2019						
Any Opioid	142	157	177	254		
Cocaine	26	28	33	39		
Heroin	24	33	42	36		
Psychostimulants	76	77	153	183		
Synthetic Opioids	32	50	70	161		

Source: Kansas Dept. of Health and Environment

(U) Missouri

(U) In Missouri, between 2018 and 2020:

- Overdose deaths for all drugs increased 17%;
- Overdose deaths for all opioids increased 21%;
- Overdose deaths for heroin decreased by 59%; and
- Overdose deaths for cocaine increased 47%.



Source: Missouri Dept. of Health and Senior Services

(U) Due to a six- to nine-month delay in reporting, the most recent data available from the Missouri Department of Health and Senior Services (DHSS) is for Q1 and Q2 2021. Figure 8 displays the number of fatal drug overdoses by drug for the first two quarters of 2019 through 2021. According to the data:

- Overdose deaths for all drugs increased 49%;
- Overdose deaths for all opioids increased 56%;
- Overdose deaths for heroin decreased by 37%; and
- Overdose deaths for cocaine increased by 91%.



Source: Missouri Dept. of Health and Senior Services

(U) Figure 9 illustrates Missouri overdose death counts based on region and demographic. Between 2019 and 2020⁴:

- The Northwest Region reported the greatest increase of all drug overdose deaths (52%);
- The Northwest Region reported the greatest increase of all drug overdose deaths for males (29%);
- The Central Region reported the greatest increase of all drug overdose deaths for females (45%);
- The Kansas City Metro reported the greatest increase of all drug overdose deaths for ages 15 to 24 (68%);
- The Southwest Region reported the greatest increase of all drug overdose deaths for ages 25 to 34 (74%).

⁴ Demographic data is only available for Missouri regions for 2019 and 2020.

(U) Figure 9: Missouri Overdose Mortality Counts Regional Comparison (Percent Change from 2019)										
Region	All Drug Overdose Deaths									
	Gender				Age					
				Under	15 to	25 to	35 to	45 to	55 to	
	Total	Male	Female	15	24	34	44	54	64	65+
Central Region	26.2%	17.3%	44.7%	*	*	43.2%	18.4%	25.0%	0.0%	*
Kansas City Metro	21.8%	25.7%	15.0%	*	68.2%	27.5%	31.4%	10.6%	-2.2%	*
Northeastern Region	- 16.2%	- 28.6%	0.0%	*	*	*	*	*	*	*
Northwestern Region	52.0%	29.4%	*	*	*	*	*	*	*	*
Southeastern Region	31.4%	26.6%	39.5%	*	*	12.9%	17.2%	0.0%	*	*
Southwestern Region	12.8%	19.6%	1.5%	*	*	74.3%	16.3%	-36.8%	-2.6%	*
St. Louis Metro	17.1%	21.7%	7.0%	*	3.9%	27.9%	21.0%	17.7%	9.5%	- 8.2%
Missouri Total	18.8%	21.0%	14.4%	*	31.3%	31.7%	21.4%	9.2%	8.3%	- 3.2%

* Percent change not calculated where the previous year's deaths were less than 15.

Source: Missouri Dept. of Health and Senior Services, 2021

(U) Figure 10 illustrates Missouri overdose death counts by drug category and region. Between 2019 and 2020⁵:

- The Southeast Region reported the greatest increase in opioid overdose deaths (69%);
- The Kansas City Metro reported the greatest increase in synthetic opioid (fentanyl) overdose deaths (149%);
- The St. Louis Metro reported the greatest increase in stimulant overdose deaths (47%), amphetamine overdose deaths (47%) and cocaine overdose deaths (46%); and
- The Central Region reported the greatest increase in stimulant and opioid-combined deaths (69%).

⁵ Demographic data is only available for Missouri regions for 2019 and 2020.

(U) Figure 10: Missouri Overdose Mortality Counts Regional Comparison (Percent Change from 2019)									
Region	Opioid- Overdose Deaths	Synthetic (Fentanyl) Overdose Deaths T40.4	Stimulants	Amphetamine	Cocaine	Stimulants and Opioids			
	Total/Count	Total/Count	Total/Count	Total/Count	Total/Count	Total/Count			
Central Region	26.0%	67.6%	43.1%	32.7%	*	68.6%			
Kansas City Metro	55.9%	148.6%	0.8%	9.4%	-23.7%	28.6%			
Northeastern Region	-27.8%	*	-11.8%	-11.8%	*	*			
Northwestern Region	*	*	*	*	*	*			
Southeastern Region	69.4%	53.3%	38.2%	43.8%	*	*			
Southwestern Region	23.8%	46.4%	8.0%	5.8%	*	35.3%			
St. Louis Metro	19.3%	24.9%	47.2%	47.2%	45.5%	60.5%			
Missouri Total	25.7%	36.2%	28.3%	27.1%	32.9%	57.0%			

* Percent change not calculated where the previous year's deaths were less than 15.

Source: Missouri Dept. of Health and Senior Services, 2021

(U) Conclusion

(U) Seizures of methamphetamine (76%), heroin (5%), and fentanyl (183%) across the Midwest HIDTA have increased nearly year-over-year between 2017 and 2021. If Midwest HIDTA law enforcement initiatives continue to seize increased amounts of these drugs throughout 2022, it is likely that overdose deaths will continue to rise as the supply of these drugs to the region increase.