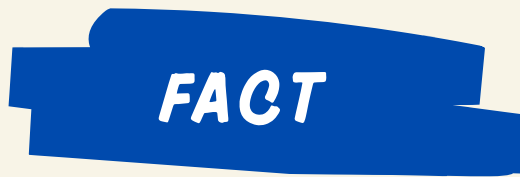


DUAL DIAGNOSIS MYTHBUSTERS

Let's bust some myths about treating individuals with dual intellectual/developmental disabilities (IDD) and behavioral health diagnoses.



1 Individuals with IDD cannot engage in treatment.

1 Individuals with IDD can and do engage in treatment.

2 Individuals with IDD do not experience trauma.

2 Individuals with IDD are 2-4 times higher risk of experiencing trauma because of additional vulnerabilities.

3 Behavior modification is the only treatment option for individuals with IDD.

3 Individuals with IDD and their families can recover from past and current trauma using trauma-informed adaptive treatment.

4 Individuals with IDD do not talk about their trauma; it probably is not something we need to address.

4 The experience of trauma occurs separate from language.

5 Challenging behaviors are due to the individual's IDD.

5 Challenging behaviors may be caused by medical problems, pain, trauma, skill deficits, lack of communication, mental health symptoms, and environmental stressors.

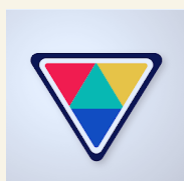
6 Therapists are the only ones who can work on an individual's trauma.

6 You do not have to be a therapist to be therapeutic. Anyone can play a role in helping an individual heal from trauma.

7 Therapy can only be done with someone who can verbally communicate.

7 A therapist can observe client behavior and reflect client's actions, mannerisms, or facial expressions in addition to psychotherapeutic listening.

Check out our free Clinical Decision Tool!



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FOR MORE INFORMATION:

MOADD website: [Missouri Alliance for Dual Diagnosis](http://MissouriAllianceforDualDiagnosis.com) | dmh.mo.gov