

How I recovered from COVID-19

By Jimmy J. Han

Despite all the fear-mongering over COVID-19 by politicians and the media, I've never feared this virus, mainly for two reasons: (1) I'm a Christian who doesn't live in fear, believing that God always has protected me; and (2) I'm a healthy man of 37, which puts me in 20-49 age group, whose chance of surviving "the coronavirus" is, according to the CDC, 99.98%.

So, for the better part of this crisis, I've lived my life as normally as possible—traveling, going to church every Sunday, dining at restaurants, and exercising outdoors. Then, last month, I caught the virus, and, despite my age and health, had quite a struggle with it. At first, I had multiple symptoms, including fever, chills, a cough, a sore throat, fatigue, and a bad headache. Thanks to Dr. Ben Marble, founder of MyFreeDoctor.com, I was able to get prescriptions for Ivermectin, prednisone, doxycycline, and budesonide. I also was advised to take the following over-the-counter therapeutics: aspirin, zinc, vitamins D and C, Pepcid, and quercetin.

On this regimen, my symptoms quickly disappeared, except for the fatigue and headache, which knocked me out for over two weeks. But if I didn't have Ivermectin and those other drugs prescribed by Dr. Marble, I would have been in even worse condition, and my recovery would have taken even longer. That same regimen has been used with great success by many other COVID-19 patients. If both our federal and state governments cared about the people they're supposed to serve, and weren't fixated on injecting every one of them with an experimental product never before used on human subjects, they would have recommended those affordable, safe, and effective therapies at least a year ago, and thus prevented countless deaths and hospitalizations. People who contract COVID-19 should never have to suffer because doctors won't, or can't, prescribe those medications.

Some people who've come down with COVID-19 suffer illness more severe than flu. That was certainly my experience. But this certainly doesn't mean we should fear the virus, stay locked up in our homes, and stay away from everybody else. As the *New York Times* bestselling author Tom Woods said during a speech in Texas, "Life comes with risks. Some of them moderate, some of them severe, some of them limited. But sooner or later, it's going to be exceedingly obvious. Hiding in your house doesn't solve it and masks don't solve it. At one point or another, you have to assess your own level of risk and live the one life you get." With medications like Ivermectin, we can treat those with COVID-19 safely and effectively, and overcome this virus without any more injections, just as humanity has always done.